

| Product                             | Egg        | Milk        | Fish        | Crustaceans        | Molluscs        | Peanuts        | Tree Nuts        | Sesame Seeds        | Gluten        | Soybeans        | Celery / Celeriac        | Mustard        | Lupin        | Sulphites        | POPPY SEED        |  |
|-------------------------------------|------------|-------------|-------------|--------------------|-----------------|----------------|------------------|---------------------|---------------|-----------------|--------------------------|----------------|--------------|------------------|-------------------|--|
| <b><u>Starters</u></b>              |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |  |
| Miso                                |            |             |             |                    |                 |                |                  |                     |               | YES             |                          |                |              |                  |                   |  |
| Salted Edamame                      |            |             |             |                    |                 |                |                  |                     |               | YES             |                          |                |              |                  |                   |  |
| Chili Edamame                       |            |             |             |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              | YES              |                   |  |
| Vegetable Spring Rolls              |            |             |             | M                  |                 |                |                  |                     | YES           |                 |                          |                |              |                  |                   |  |
| Salmon Spring Rolls                 |            |             | YES         |                    |                 |                |                  |                     | YES           |                 |                          |                |              |                  |                   |  |
| Feta and Mint Spring Rolls          |            | YES         | M           |                    |                 |                |                  |                     | YES           |                 |                          |                |              |                  |                   |  |
| Miso Dengaku                        |            |             | M           |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Seaweed Salad                       |            |             |             |                    |                 |                |                  | YES                 |               |                 |                          |                |              |                  |                   |  |
| X Ray Salad                         |            |             |             |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Agadashi Tofu                       |            |             |             |                    |                 |                |                  |                     | YES           | YES             |                          |                |              |                  |                   |  |
| Nippon Mock Duck                    |            |             |             |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Katsu Chicken Bites                 | YES        |             | M           |                    |                 |                |                  |                     | YES           |                 |                          |                |              |                  |                   |  |
| Panko Crusted Prawns                | YES        |             | M           | YES                |                 |                |                  |                     | YES           |                 |                          |                |              |                  |                   |  |
| Japanese Teriyaki Wings             |            |             | M           |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Japanese Buffalo Wings              |            | YES         | M           |                    |                 |                |                  | YES                 | YES           | YES             |                          | YES            |              |                  |                   |  |
| Sesame Broccoli                     |            |             |             |                    |                 | YES            |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Bean Salad                          |            | YES         |             |                    |                 |                |                  | YES                 |               | YES             |                          | YES            |              |                  |                   |  |
| <b>Product</b>                      | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |  |
| <b><u>Specials</u></b>              |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |  |
| Salmon Poke Bowl                    |            |             | YES         |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Tuna Poke Bowl                      |            |             | YES         |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Tofu Poke Bowl                      |            |             |             |                    |                 |                |                  | YES                 | YES           | YES             |                          |                |              |                  |                   |  |
| Salmon Fishcakes                    |            | YES         | YES         |                    |                 |                |                  |                     | YES           |                 |                          | YES            |              |                  |                   |  |
| <b>Product</b>                      | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |  |
| <b><u>Soups</u></b>                 |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |  |
| Vegetable Tempura Udon Noodle Soup  |            | YES         | YES         |                    |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |  |
| Hake Tempura Udon Noodle Soup       |            | YES         | YES         |                    |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |  |
| King Prawn Tempura Udon Noodle Soup |            | YES         | YES         |                    |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |  |
| Spicy Baby Squid Soup               |            |             | M           | YES                |                 |                |                  |                     | YES           | YES             |                          |                |              |                  |                   |  |
| <b>Product</b>                      | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |  |

| <u>Gyoza</u>           |     |      |      |             |          |         |           |              |        |          |                   |         |       |           |            |
|------------------------|-----|------|------|-------------|----------|---------|-----------|--------------|--------|----------|-------------------|---------|-------|-----------|------------|
| Chicken Gyoza          |     |      | M    |             |          |         |           |              | YES    | YES      | YES               |         |       |           |            |
| Prawn Gyoza            |     |      | M    | YES         |          |         |           |              | YES    | YES      | YES               |         |       |           |            |
| Vegetable Gyoza        |     |      | M    |             |          |         |           |              | YES    | YES      | YES               |         |       |           |            |
| Product                | Egg | Milk | Fish | Crustaceans | Molluscs | Peanuts | Tree Nuts | Sesame Seeds | Gluten | Soybeans | Celery / Celeriac | Mustard | Lupin | Sulphites | POPPY SEED |
| <u>Sashimi</u>         |     |      |      |             |          |         |           |              |        |          |                   |         |       |           |            |
| Salmon Sashimi         |     |      | YES  |             |          |         |           |              | YES*   | YES*     |                   | YES**   |       |           |            |
| Tuna Sashimi           |     |      | YES  |             |          |         |           |              | YES*   | YES*     |                   | YES**   |       |           |            |
| Salmon and Tuna        |     |      | YES  |             |          |         |           |              | YES*   | YES*     |                   | YES**   |       |           |            |
| Yellowtail Sashimi     |     |      | YES  |             |          |         |           |              | YES*   | YES*     |                   | YES**   |       |           |            |
| Seabass Sashimi        |     |      | YES  |             |          |         |           |              | YES*   | YES*     |                   | YES**   |       |           |            |
| Warm Eel Sashimi       |     |      | YES  |             |          |         |           |              | YES    | YES      |                   | YES**   |       |           |            |
| Yellowtail Upside Down |     |      | YES  |             |          |         |           |              | YES    | YES      |                   |         |       |           |            |

|                                              |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |
|----------------------------------------------|------------|-------------|-------------|--------------------|-----------------|----------------|------------------|---------------------|---------------|-----------------|--------------------------|----------------|--------------|------------------|-------------------|
| Mixed Sashimi Selection                      |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Deluxe Mixed Sashimi Selection               |            |             | YES         | YES                |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Tuna Tartar                                  |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Seared Black Pepper & Sesame Tuna            |            |             | YES         |                    |                 |                |                  |                     | YES           | YES             | YES                      | YES**          |              |                  |                   |
| Seared Salmon Tataki                         |            |             | YES         |                    |                 |                |                  |                     | YES           | YES             | YES                      | YES**          |              |                  |                   |
| <b>Product</b>                               | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |
| <b><u>Nigiri</u></b>                         |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |
| Salmon Nigiri                                |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Tuna Nigiri                                  |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Japanese Omelette                            | YES        |             |             |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Inari                                        |            |             |             |                    |                 |                |                  | YES                 | YES           | YES*            |                          | YES**          |              |                  |                   |
| Ikura Salmon Eggs                            |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Unagi Nigiri                                 |            |             | YES         |                    |                 |                |                  |                     | YES           | YES             |                          | YES**          |              |                  |                   |
| Yellowtail Nigiri                            |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| Sea Bass Nigiri                              |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| <b>Product</b>                               | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |
| <b><u>Roll, Inside Out, Tempura Maki</u></b> |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |
| 6 Cucumber Maki with Sesame                  |            |             |             |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   |
| 6 Avocado Maki with sesame                   |            |             |             |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   |
| 6 Salmon & Avocado Maki                      |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| 6 Tuna Maki                                  |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| 6 Salmon Maki                                |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| 6 Yellowtail and Chive                       |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| 6 Eel and Cucumber                           |            |             | YES         |                    |                 |                |                  |                     | YES           | YES             |                          | YES**          |              |                  |                   |
| ISO 8- Salmon & Avocado                      |            |             | YES         |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   |
| ISO 8- Salmon & Cream Cheese                 |            | YES         | YES         |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   |
| ISO 8- Mean Spicy Tuna                       | YES        |             | YES         |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   |
| ISO 8- California Maki                       | YES        |             | YES         | YES                |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   |
| ISO 8- Green Goddess                         |            |             |             |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   |
| ISO 8- Salmon Skin & Spring Onion            |            |             | YES         |                    |                 |                |                  | YES                 | YES           | YES             |                          | YES            |              |                  |                   |
| ISO 8- Shiitake Mushroom                     |            |             |             | M                  |                 |                |                  | YES                 | YES           | YES             |                          | YES            |              |                  |                   |
| ISO 8- King Prawn Tempura                    | YES        |             | YES         | YES                |                 |                |                  | YES                 | YES           | YES             |                          | YES            |              |                  |                   |

|                                  |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |     |
|----------------------------------|------------|-------------|-------------|--------------------|-----------------|----------------|------------------|---------------------|---------------|-----------------|--------------------------|----------------|--------------|------------------|-------------------|-----|
| ISO 8 - Crispy Yasai Maki        |            |             |             |                    |                 |                |                  |                     | YES           | YES             | YES                      |                | YES**        |                  |                   |     |
| DELUXE 8- Salmon Dragon Roll     |            |             | YES         |                    |                 |                |                  |                     |               | YES             | YES                      |                | YES**        |                  |                   |     |
| DELUXE 8- King Prawn Dragon Roll | YES        |             | YES         | YES                |                 |                |                  |                     |               | YES             | YES                      |                | YES          |                  |                   |     |
| DELUXE 8- Soft Shell Crab        | YES        |             | YES         | YES                |                 |                |                  |                     | YES           | YES             | YES                      |                | YES          |                  |                   |     |
| DELUXE 8 - Unagi Dragon Roll     |            |             | YES         |                    |                 |                |                  |                     | YES           | YES             | YES                      |                | YES**        |                  |                   |     |
| 10- Tempura Shitake Mushroom     |            | YES         |             | M                  |                 |                |                  |                     |               | YES             | YES                      |                | YES**        |                  |                   |     |
| 10-Tempura Tuna                  |            | YES         | YES         |                    |                 |                |                  |                     |               | YES             | YES                      |                | YES**        |                  |                   |     |
| 10-Tempura Salmon                |            | YES         | YES         |                    |                 |                |                  |                     |               | YES             | YES                      |                | YES**        |                  |                   |     |
| 10 - Salmon, Tuna and Tamago     | YES        |             | YES         |                    |                 |                |                  |                     |               | YES             |                          |                | YES**        |                  |                   |     |
| Portion of Sushi Rice            |            |             |             |                    |                 |                |                  |                     | YES           |                 |                          |                |              |                  |                   |     |
| <b>Product</b>                   | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |     |
| <b><u>Handrolls</u></b>          |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |     |
| Salmon Hand Roll                 | YES        |             | YES         |                    |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |     |
| Mean spicy Tuna Hand Roll        | YES        |             | YES         |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   |     |
| California Hand Roll             | YES        |             |             | YES                |                 |                |                  |                     |               |                 |                          | YES            |              |                  |                   |     |
| King Prawn Tempura Hand Roll     | YES        | YES         | YES         | YES                |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |     |
| Shitake Tempura Hand Roll        |            | YES         |             | M                  |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |     |
| Soft Shell Crab Hand Roll        |            | YES         | YES         | YES                |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |     |
| <b>Product</b>                   | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |     |
| <b><u>Hot Dishes</u></b>         |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |     |
| Chicken Katsu Curry              | YES        |             |             |                    |                 |                |                  |                     | YES           | YES             | YES                      | YES            |              |                  |                   |     |
| Hake Katsu Curry                 | YES        |             | YES         |                    |                 |                |                  |                     | YES           | YES             | YES                      | YES            |              |                  |                   |     |
| Vegetable Katsu Curry            | YES        |             |             | M                  |                 |                |                  |                     | YES           | YES             | YES                      | YES            |              |                  |                   |     |
| Vegetable Tempura                |            |             |             | M                  |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |     |
| King Prawn Vegetable Tempura     |            |             | YES         | YES                |                 |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |     |
| Rock Shrimp Tempura              | YES        |             |             | M                  | YES             |                |                  |                     | YES           | YES             |                          | YES            |              |                  |                   |     |
| <b>Product</b>                   | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |     |
| <b><u>Brown Rice Maki</u></b>    |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |     |
| 6 Cucumber Maki with Sesame      |            |             |             |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   | YES |
| 6 Avocado Maki with sesame       |            |             |             |                    |                 |                |                  | YES                 | YES*          | YES*            |                          | YES**          |              |                  |                   | YES |
| 6 Salmon & Avocado Maki          |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   | YES |
| 6 Tuna Maki                      |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   | YES |
| 6 Salmon Maki                    |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  |                   | YES |

|                        |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |
|------------------------|------------|-------------|-------------|--------------------|-----------------|----------------|------------------|---------------------|---------------|-----------------|--------------------------|----------------|--------------|------------------|-------------------|
| 6 Yellowtail and Chive |            |             | YES         |                    |                 |                |                  |                     | YES*          | YES*            |                          | YES**          |              |                  | YES               |
| 6 Eel and Cucumber     |            |             | YES         |                    |                 |                |                  |                     | YES           | YES             |                          | YES**          |              |                  | YES               |
| <b>Product</b>         | <b>Egg</b> | <b>Milk</b> | <b>Fish</b> | <b>Crustaceans</b> | <b>Molluscs</b> | <b>Peanuts</b> | <b>Tree Nuts</b> | <b>Sesame Seeds</b> | <b>Gluten</b> | <b>Soybeans</b> | <b>Celery / Celeriac</b> | <b>Mustard</b> | <b>Lupin</b> | <b>Sulphites</b> | <b>POPPY SEED</b> |
| <b><u>Desserts</u></b> |            |             |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |
| 2 Chocolate Mochi      |            | YES         |             |                    |                 | YES            | YES              | YES                 | YES           | YES             |                          |                |              |                  |                   |
| 2 Cheese Cake Mochi    |            | YES         |             |                    |                 |                | YES              | YES                 | YES           | YES             |                          |                |              |                  |                   |
| Judes Icecream         | YES        | YES         |             |                    |                 |                |                  |                     |               |                 |                          |                |              |                  |                   |
| Matcha Sponge Cake     | YES        | YES         |             |                    |                 |                |                  |                     | YES           |                 |                          |                |              |                  |                   |

M dishes with the marking may be contaminated with fish/meat due to preparation methods

Note: All dishes with\* are served with Soy Sauce (gluten, soy beans). If you do not want Soy Sauce, please ask a member of staff directly when ordering for no Soy Sauce or Tamari as gluten free alternative.

ALL dishes with \*\* are also served with Wasabi (Mustard).