

# GLUTEN FREE MENU

## STARTERS & SIDES

Miso Soup V .....	2.50
Salty Edamame V .....	3.45
Spicy Edamame V .....	3.45

coated in spicy miso

## INSIDE OUT SUSHI ROLL 8 PIECES

Salmon & Avocado .....	6.75
Salmon & Cream Cheese .....	7.25

hot smoked salmon, cream cheese, cucumber, chives and micro herbs

Green Goddess V .....	5.75
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wakame seaweed, cucumber, avocado, mizuna and chives rolled in aonori furikake

Beetroot Salad Roll V .....	6.00
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carrot, cucumber, asparagus, avocado, sweet teriyaki and crispy shallots

## MAKI SUSHI ROLL 6 PIECES

Cucumber V with sesame .....	3.95
Avocado V with sesame.....	4.75
Salmon & Avocado .....	5.95
Tuna.....	6.25

## BROWN RICE MAKI ROLL 6 PIECES

Cucumber V with sesame .....	3.95
Avocado V with sesame.....	4.75
Salmon & Avocado .....	5.95
Tuna.....	6.25

## HAND ROLL 1 PIECE

Beetroot Salad V .....	5.25
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beetroot, cream cheese, mizuna with toasted sunflower and pumpkin seeds

## SASHIMI

Salmon 5 pieces .....	7.95
Tuna 5 pieces.....	9.50
Salmon & Tuna 6 pieces.....	9.75
Yellowtail 5 pieces .....	11.00
Sea Bass 5 pieces .....	9.75
Mixed Selection 9 pieces.....	12.95

## NIGIRI 2 PIECES

Salmon.....	4.25
Tuna .....	4.75
Yellowtail.....	5.75
Sea Bass.....	4.75
Sweet Shrimp.....	4.00
Steamed Shrimp .....	4.25
Japanese Omelette V .....	3.25
Ikura .....	8.00
Aubergine V .....	3.25

## SELECTIONS WITH MISO SOUP

12 piece Salmon & Tuna.....	12.50
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salmon nigiri and salmon chive roll, tuna nigiri and roll

16 piece Vegetarian V .....	10.25
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omelette nigiri, green goddess and cucumber maki

V Vegetarian

The dishes listed above do not contain gluten. However they are made in kitchen where gluten is used in other dishes. Some of our products may contain nuts or other allergens, shell or traces of bone. Therefore, there is a risk of cross-contamination so please order as you feel comfortable based on your dietary requirements. All dishes with \* are served with **Soy Sauce (gluten, soy beans)**. If you do not want Soy Sauce, please ask a member of staff directly when ordering for **No Soy Sauce** or **Tamari** as a gluten free alternative.

TAKE  
AWAY

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Beetroot Salad Roll V .....	6.00
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