

Allergen Information



Product	Egg	Milk	Fish	Crustaceans	Molluscs	Peanuts	Tree Nuts	Sesame Seeds	Gluten	Soybeans	Celery / Celeriac	Mustard	Lupin	Sulphites	POPPY SEED
Starters															
Miso										YES					
Edamame										YES					
Chili Edamame								YES		YES				YES	
Wilted spinach						YES		YES	YES	YES		YES			
Vegetarian Spring Rolls		YES						YES	YES	YES		YES			
Salmon Spring Rolls		YES	YES					YES	YES	YES		YES			
Miso Dengaku								YES	YES	YES					
Seaweed Salad								YES	YES	YES					
X Ray Salad								YES	YES	YES					
Agadashi Tofu		YES							YES	YES		YES			
Nippon Mock Duck								YES	YES	YES					
Japanese Buffalo Wings		YES						YES	YES	YES	YES	YES			
Sesame Broccoli						YES		YES	YES	YES					
Kale and Quinoa Salad									YES	YES					
Specials															
Salmon Poke Bowl			YES					YES	YES	YES					
Tuna Poke Bowl			YES					YES	YES	YES					
Tofu Poke Bowl								YES	YES	YES					
Salmon Fishcakes		YES	YES									YES			

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<i>Soups</i>															
Vegetarian Tempura Udon Noodle Soup		YES	YES						YES	YES		YES			
Hake Tempura Udon Noodle Soup		YES	YES						YES	YES		YES			
King Prawn Tempura Udon Noodle		YES	YES						YES	YES		YES			
<i>Gyoza</i>															
Chicken Gyoza	YES	YES			YES			YES	YES	YES					
Beef Gyoza	YES	YES		YES				YES	YES	YES		YES			
Vegetarian Gyoza	YES			YES				YES	YES	YES					
<i>Sashimi</i>															
Salmon Sashimi			YES						YES*	YES*		YES**			
Tuna Sashimi			YES						YES*	YES*		YES**			
Salmon and Tuna			YES						YES*	YES*		YES**			
Mackerel Sashimi			YES					YES	YES*	YES*		YES**			
Yellowtail Sashimi			YES						YES*	YES*		YES**			
Seabass Sashimi			YES						YES*	YES*		YES**			
Yellowtail Upside Down			YES						YES	YES					
Mixed Sashimi Selection			YES						YES*	YES*		YES**			
Deluxe Mixed Sashimi Selection			YES						YES*	YES*		YES**			
Tuna Tartar			YES						YES*	YES*		YES**			
Seared Black Pepper & Sesame Tuna			YES					YES	YES	YES		YES**			
Seared Salmon Tataki			YES					YES	YES	YES		YES**			

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<i>Nigiri</i>															
Salmon Nigiri			YES						YES*	YES*		YES**			
Tuna Nigiri			YES						YES*	YES*		YES**			
Japanese Omelette	YES								YES*	YES*		YES**			
Seared Teriyaki Salmon			YES						YES	YES		YES**			
Ikura Salmon Eggs			YES						YES*	YES*		YES**			
Mackerel Nigiri			YES						YES*	YES*		YES**			
Yellowtail Nigiri			YES						YES*	YES*		YES**			
Sea Bass Nigiri			YES						YES*	YES*		YES**			

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<i>Roll, Inside Out, Tempura Maki</i>															
6 Cucumber Maki with Sesame								YES	YES*	YES*		YES**			
6 Avocado Maki with sesame								YES	YES*	YES*		YES**			
6 Salmon & Avocado Maki			YES						YES*	YES*		YES**			
6 Tuna Maki			YES						YES*	YES*		YES**			
6 Salmon & Chives Maki			YES						YES*	YES*		YES**			
ISO 8- Salmon & Avocado			YES					YES	YES*	YES*		YES**			
ISO 8- Salmon & Cream Cheese		YES	YES					YES	YES*	YES*		YES**			
ISO 8- Mean Spicy Tuna	YES		YES					YES	YES*	YES*		YES**			
ISO 8- California Maki	YES			YES				YES	YES*	YES*		YES**			
ISO 8- Green Goddess									YES*	YES*		YES**			
ISO 8- Salmon Skin & Spring Onion		YES	YES					YES	YES	YES		YES			
ISO 8- Shiitake Mushroom Tempura Maki		YES						YES	YES	YES		YES			
ISO 8- King Prawn Tempura Maki	YES	YES	YES	YES				YES	YES	YES		YES			
Crispy Yasai Maki								YES	YES	YES		YES**			
8- Salmon Dragon Roll			YES						YES	YES		YES**			
ISO 8- Soft Shell Crab	YES	YES	YES	YES				YES	YES	YES		YES			
Rainbow Roll			YES						YES	YES		YES**			
10- Tempura Shitake Mushroom	YES	YES						YES	YES	YES		YES			
10-Tempura Tuna	YES	YES	YES					YES	YES	YES		YES			
10-Tempura Salmon	YES	YES	YES					YES	YES	YES		YES			
Portion of Sushi Rice								YES							

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Handrolls															
Salmon Hand Roll	YES	YES	YES						YES	YES		YES			
Mean spicy Tuna Hand Roll	YES		YES					YES	YES*	YES*		YES**			
King Prawn Tempura Hand Roll	YES	YES	YES	YES					YES	YES		YES			
Shitake Tempura Hand Roll		YES							YES	YES		YES			
Soft Shell Crab Hand Roll		YES	YES	YES					YES	YES		YES			
Hot Dishes															
Chicken Katsu Curry	YES	YES				YES			YES	YES	YES	YES			
Hake Katsu Curry	YES	YES	YES	YES		YES			YES	YES	YES	YES			
Vegetarian Katsu Curry	YES	YES				YES			YES	YES	YES	YES			
Vegetrain Tempura		YES							YES	YES		YES			
King Prawn Tempura		YES	YES	YES					YES	YES		YES			
Rock Shrimp Tempura	YES	YES		YES					YES	YES		YES			
Brown Rice Maki															
6- Cucumber Brown Rice								YES	YES*	YES*		YES**			YES
6- Avocado Brown Rice								YES	YES*	YES*		YES**			YES
6- Tuna Brown Rice			YES						YES*	YES*		YES**			YES
6- Salmon & Avocado Brown Rice			YES						YES*	YES*		YES**			YES

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Desserts															
2 Chocolate Mochi		YES				YES	YES	YES	YES	YES					
2 Cheese Cake Mochi		YES					YES	YES	YES	YES					

Note: All dishes with* are served with Soy Sauce (gluten, soy beans). If you do not want Soy Sauce, please ask a member of staff directly when ordering for no Soy Sauce or Tamari as gluten free alternative.

ALL dishes with ** are also served with Wasabi (Mustard).